

PHYSICAL EDUCATION POLICY

Physical Education develops pupils' physical competence and confidence, and their ability to use these to perform in a range of activities. It provides opportunities for pupils to be creative and competitive and promotes positive attitudes towards active and healthy lifestyles.

Aims

Our aims for Physical Education are:

To promote pupil's health through:-

- adopting good posture and the appropriate use of the body
- engaging in activities that develop cardiovascular health, flexibility, muscular strength and endurance
- personal hygiene
- physical activity

To develop positive attitudes by:-

- observing the conventions of fair play, honest competition and good sporting behaviour as a team member, individual participant and spectator
- coping with success and failure
- always trying to improve and consolidate performances
- showing concern for others and the environment

To ensure safe practice by:-

- responding to instructions and signals
- following relevant rules, laws, codes and safety practices
- wearing appropriate clothing and footwear
- lifting, carrying and using equipment safely
- warming up for and recovering from exercise

Implementation

P.E. is taught throughout the school in accordance with the requirements of the Learning Schemes which are based on the National Curriculum. Cross-curricular links are made whenever possible. It is, by definition, activity based. Children are encouraged to work independently and in groups or teams. Extra-curricular activities play an important part in this subject area.

All pupils have equal access to the teaching in this subject area.

Safety is an important part of our P.E. policy (see Aims) and aspects of safety are integral objectives for many elements of the scheme of work. All staff continually monitor procedures, especially at the swimming pool and during gymnastic lessons, to ensure the highest levels of safety. The Guidance in the County Council Health & Safety Risk Assessments is followed in addition to the Safe Practice in PE book. The Guidance for Arranging School Visits must

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be observed when teams taken to sporting events are taking place. Pupils must wear the correct clothing for P.E. as shown on the uniform list. A wide range of apparatus and equipment is provided to meet the requirements of the learning scheme.

Role of the Physical Education leader

The leader advises the headteacher and staff on the development of P.E. including writing, implementing and monitoring the school's policy and Learning Scheme. They ensure continuity and progression within the teaching of P.E. by monitoring planning and classroom practice and provide support to colleagues. They organise the resources needed.

Special Needs

Support is given and appropriate provision made for those pupils who need activities to be adapted in order to be able to participate in P.E.

Gifted and Talented

It is recognised that children may have a particular talent in the area of P.E. Each class teacher will provide such children with the opportunities to develop their skills and to share their skills with others. Children with a particular talent in this area are encouraged to attend clubs both in school and out of school to develop their skills further and to represent the school in inter and intra school activities.

Assessment and reporting

P.E. is assessed through a process of continual teacher assessment with immediate feedback being given. (See Assessment Policy for more details). An attainment and effort grade on the child's progress in P.E. is included in the end of year report to parents.

Professional development and responsibilities

Each class teacher is responsible for planning each term's work and overseeing the pupils' progress within the framework of this policy and the Learning Scheme and with the guidance of the leader. Every teacher is provided with opportunities for staff development and training in connection with this subject area.

Monitoring, Evaluating and Reporting

This policy is reviewed every three years. Its implementation is monitored and evaluated annually and reports are made to staff and governors. Direct observations of the teaching and learning in this subject are made according to a rolling programme. This results in an action plan addressing points of concern.