

# MOTTRAM ST. ANDREW PRIMARY ACADEMY



## PHYSICAL EDUCATION POLICY

Physical Education develops pupils' physical competence and confidence, and their ability to use these to perform in a range of activities. It provides opportunities for pupils to be creative and competitive, and promotes positive attitudes towards active and healthy lifestyles.

### ***Aims***

Our aims for Physical Education are:

To promote pupil's health through:

- physical activity, including games, dance and swimming
- engaging in activities that develop cardiovascular health, flexibility, balance, agility and co-ordination, muscular strength and endurance
- adopting good posture and the appropriate use of the body
- personal hygiene

To develop positive attitudes by:

- observing the conventions of fair play, honest competition and good sporting behaviour as a team member, individual participant and spectator
- coping with success and failure
- always trying to improve and consolidate performances
- showing respect for others and the environment

To ensure safe practice by:

- responding to instructions and signals
- following relevant rules, laws, codes and safety practices
- wearing appropriate clothing and footwear
- lifting, carrying and using equipment safely
- warming up for and recovering from exercise

### ***Implementation***

P.E. is taught throughout the school in accordance with the requirements of our Scheme of Work which is based on the National Curriculum. Cross-curricular links are made where appropriate. It is, by definition, activity based. Children are encouraged to work independently and in groups or teams. Extra-curricular activities play an important part in this subject area.

All pupils have equal access to the teaching in this subject area.

Safety is an important part of our P.E. policy (see Aims) and aspects of safety are integral objectives for many elements of the scheme of work. All staff continually monitor procedures, especially at the swimming pool and during gymnastic lessons, to ensure the highest levels of safety. The risk assessment for P.E. is followed. Risk assessments are written and signed by both the headteacher and the teacher in charge of the visit when teams are taken to sporting events. Pupils must wear the correct clothing for P.E. as shown on the uniform list.

A wide range of apparatus and equipment is provided to meet the requirements of the learning scheme.

### ***Role of the Physical Education leader***

The leader advises the headteacher and staff on developments in P.E. and disseminates information to staff. They lead the writing, implementing, monitoring and evaluating of the school's policy and Scheme of Work. The leader uses effective strategies to monitor the quality of education in P.E., including: visiting lessons, scrutiny of children's P.E. skills and attainment, analysing assessment outcome and talking to children. The leader organises and leads staff training when needed, providing guidance and support to staff as needed. They identify what resources are needed, and coordinate the acquisition of new resources and materials when required.

### ***Special Needs***

Support is given and appropriate provision made for those pupils who need activities to be adapted in order to be able to participate in P.E.

### ***Gifted and Talented***

It is recognised that children may have a particular talent in the area of P.E. Each class teacher will provide such children with the opportunities to develop their skills and to share their skills with others. Children with a particular talent in this area are encouraged to attend clubs both in school and out of school to develop their skills further, and to represent the school in inter and intra school activities.

### ***Assessment and reporting***

P.E. is assessed through a process of continual teacher assessment with immediate feedback being given. The Scheme of Work is reviewed and monitored using the school's Weaving Knowledge and Understanding document. Examples and evidence of pupils' skills and attainment is kept by the subject leader. An attainment and effort grade on the child's progress in P.E. is included in the end of year report to parents.

### ***Professional development and responsibilities***

Each class teacher is responsible for planning each term's work and overseeing the pupils' progress within the framework of this policy and the Scheme of Work and with the guidance of the leader. Every teacher is provided with opportunities for staff development and training in line with school priorities.