

Monday 9th September – Friday 13th September 2018

Monday

BBQ Chicken, Rice, Green Beans

1,7

Strawberry Jam & Coconut Sponge Cake

1,3,7

Selection of Fresh Fruit

Water

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Tuesday

Sausage, Mashed Potato, Baby Carrots, Garden Peas, Gravy

7

Fruity Flapjack

1,7

Selection of Fresh Fruit

Water

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Wednesday

Beef Casserole, Crusty Bread, Broccoli Florets

1,9

Fruit Salad

Selection of Fresh Fruit

Water

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Thursday

Mediterranean Meatballs, Vegetable Rice, Tzatziki Dips

1,7

Chocolate Brownie

1,3,7

Selection of Fresh Fruit

Water

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Friday

Fish Fingers, Waffles, Baked Beans

1,4,7

Vanilla Ice-cream

7

Selection of Fresh Fruit

Fruit Squash



EU consumer regulations on food allergens.

Potential allergens are identified in numbers

1-Gluten,2-Crustaceans,3-Eggs,4,Fish,5-Peanuts,6-Soybeans,7-Milk,8-Nuts,9-Celery,10-Mustard,11-Sesame,12-Sulphur Dioxide/Sulphites,
13-Lupin, 14-Molluscs