

Monday 30th September – Friday 4<sup>th</sup> October 2018

Monday

Sweet & Sour Chicken, Rice, Sweetcorn

1

Fresh Fruit Salad

Water

Selection of Fresh Fruit

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Tuesday

Beef Chilli Jacket Potato, Mixed Salad

Banana & Cherry Muffins

1,3,7

Selection of Fresh Fruit

Water

\*

Wednesday

Pork, Leek & Apple Potato Bake, Baby Carrots & Garden Peas

1,7

Fruit Cheesecake

1,7

Selection of Fresh Fruit

Water

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Thursday

Cheese & Tomato Quiche, Baked Beans

1,3,7

Yoghurts

7

Selection of Fresh Fruit

Water

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Friday

Steak Pie, Oven Chips, Mixed Vegetables

1,7

Neapolitan Ice-cream

7

Selection of Fresh Fruit

Water

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EU consumer regulations on food allergens.

Potential allergens are identified in numbers

1-Gluten,2-Crustaceans,3-Eggs,4,Fish,5-Peanuts,6-Soybeans,7-Milk,8-Nuts,9-Celery,10-Mustard,11-Sesame,12-Sulphur Dioxide/Sulphites,  
13-Lupin, 14-Molluscs